

# Weston Centre Blessing Bag Checklist

Bottled water  
Band-Aids  
Baby wipes  
Toothbrush/paste  
Soap  
Deodorant  
Comb/Brush  
Personal Hygiene Items (women)  
Chapstick  
New Socks  
Granola Bars/Protein Bars/Lara Bars  
Tuna/cracker packs  
Peanut butter  
Trail Mix  
Raisins  
Nuts  
Fruit/Applesauce  
Beef Jerky  
Candy/Gum/Mints (individually wrapped)  
Dehydrated Food

June 6, 2021